



Team Teach Level 2



BASIC 2 DAY (12 HOUR) TEAM-TEACH PROGRAMME

Day 1

08:45am	Gather
09:00am - 10:00am	Introductions <ul style="list-style-type: none">• Day one objectives• Accreditation and Development Team-Teach• Team-Teach Structure (Flow Chart)• Aims, Psychology and Principles of Team-Teach• Activity: Values
09:00am – 10:45am	Activity: Personal Space and Body Language <ul style="list-style-type: none">• Introduce Personal Space• Circles of Danger• Help Script (for service user)
10:45am -11:00am	Break and Refreshment
11:00am - 12:30pm	Activity: Development of Personal Safety <ul style="list-style-type: none">• Training Safely (Safety Messages)• Warm up / partner protocol exercise• Personal safety techniques, a considered response
12:30pm -13:00pm	Lunch
1:00pm -2:00pm	Framework for Positive Handling Techniques <ul style="list-style-type: none">• Legal and circular guidelines• Health and Safety Act 1974• Activity: Gradual and Graded Holds• Help Script (for colleagues)
2:00pm - 3:15pm	Developing Behaviour As A Language <ul style="list-style-type: none">• Aggression: Roots and Recognition• Stress and Conflict Spiral• Levels of a Crisis• Activity: Pepsi Challenge• Activity: Behaviours that Challenge
3:15pm – 3:45pm	Closing questions



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BASIC 2 DAY (12 HOUR) TEAM-TEACH PROGRAMME

Day 2

08:45am Gather

09:00am -10.00am

- Friendly
- Single elbow – reducing risk
- Figure 4
- Double elbow
- Giving back control
- Responding to dead weight
- **Break: 10 mins**
- Single elbow to chairs + Help protocol
- Small person escort

10.00 -11:45am Framework for Positive Handling Techniques

- Activity: Small child module
- Activity: Small child safety
- Activity: using bean bags

11:45am -12:30pm Framework for Positive Handling Techniques

- Dangers of ground positions
- Activity: Responding to dead weight, to seated and standing

12:30pm -1:30pm Lunch

1:30pm -2:30pm De-Escalation

- Activity: Scenario
- Support and Interventions (Help or Hinder)
- Policy and Practice
- Risk Assessment
- Recording and Reporting (SIPs)
- Complaint Procedures

2.30pm -3:30pm Post Incident Structure

- Activity: Positive Listening
- Repair and reflection (I Escape)
- De-briefing and supporting the child
- De-briefing and supporting the staff
- Activity: Team-Teach Quiz